

Got Confidence?

Learn to speak up with Toastmasters!



What is Toastmasters?

Toastmasters is the leading movement devoted to making effective oral communication a worldwide reality.

Through its member clubs, Toastmasters International helps men and women learn the arts of speaking, listening and thinking – vital skills that promote self-actualization, enhance leadership, foster human understanding and contribute to the betterment of mankind.

What's in it for me?

Toastmasters offers a proven way to improve your communication skills. By participating in a fun and supportive Toastmasters group, you'll become a better speaker and leader and gain confidence to succeed in whatever path you've chosen in life.

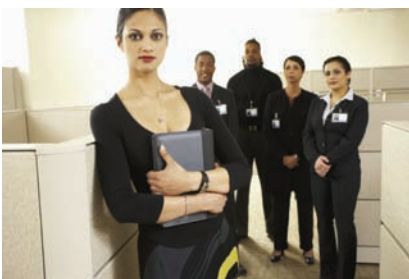


But, I'm not a speaker or trainer...

Even if your day-to-day job responsibilities don't involve speaking in front of large groups of people, you still need the skills you can learn in Toastmasters! You'll learn...

- ...how to lead teams and conduct meetings.
- ...how to provide feedback in a constructive manner.
- ...how to be a better listener.
- ...how to communicate more effectively.

These are all skills that further your professional development.



How does it work?

Toastmasters clubs are made up of 20 to 30 people who meet on a weekly basis. Each week, two or three members deliver prepared speeches. A round of Table Topics gives us a chance to speak off the cuff. And members take turns providing constructive evaluations of the prepared speeches. In Toastmasters, we learn by doing.

How do I find a club?

We're fortunate to have a Toastmasters club that meets right here on the Lennox campus. It doesn't get any more convenient than that! Just bring your lunch to the meeting, and spend an hour with friends.

For more information, turn the page...



So, tell me about the Lennox club.

Lennox International Toastmasters meets every Wednesday in the Lennox Learning Center. We usually gather in Training Room B.

Our meetings begin at 12:05pm sharp, and end at 1:00pm.

We're a fun-loving group, with members from many different departments, and even other companies nearby. It's a great way to network and meet new people!

How much does it cost?

The cost for membership in Toastmasters is very small, compared to other methods of developing communication & leadership skills.

New member fee - \$20
covers all your educational materials as a new member

International Dues (\$3/month) - \$18
includes your monthly subscription to the "Toastmaster" magazine

Club-level Dues (\$3/month) - \$18
helps cover expenses for club supplies and the like

To join Toastmasters, the first six months is **\$56**, and your renewal is just **\$36** every six months thereafter.

Best of all, most management teams will pay for your membership as employee development! Be sure to ask your supervisor if they're willing to pick up this expense.

Are your meetings open to guests?

Absolutely! We love guests, and we promise we won't pressure you to participate in our meeting any more than you want to. Sit in and observe as often as you like.

Who can I contact for more information?

Our club officers would love to visit with you to answer any questions you might have.

Club President **Kerrie Phillips** (*Accounting*) x6101

VP-Education **Angie Flinn** (*eBusiness/Marketing*) x5171

VP-Membership **Sunitha Amaravenkata** (*IT*) x5149

VP-PR **Linda Rummans** (*HVAC Learning Solutions*) x7533

Secretary **Jim Key** (*IT*) x5135

Treasurer **Ricardo Galindo** (*Sales Accounting*) x5497

Sergeant at Arms **Bob Johnson** (*Environmental Affairs*) x7532



Learn more online at www.lennoxtostmasters.com!